

Frozen fillets Oncorhynchus mykiss



All American – grown and raised in the USA High in protein and rich with Omega-3 heart healthy acids

Serving the ocean since 1941°



Available Packaging

Item#

Description

Pack Size

126160 Steelhead Flt S/On PBO D V/P FZ 25 lb 126071 Steelhead Flt S/On PBO D IVP FZ 25 lb



Item #126160



Item #126071

Pacific Aquaculture



Heart Healthy Benefits

Columbia River Steelhead are naturally high in protein content, antioxidants and omega-3 fatty acids. The American Heart Association recommends regular consumption of salmon to help maintain a healthy heart, control blood pressure and prevent strokes.

Omega-3 Comparisons with other fish per 4 oz raw serving

Columbia River Steelhead 3277mg
Atlantic salmon 2426mg
King salmon 1963mg
Sockeye 1390mg

Features and Benefits

- All-American, raised in the USA
- Grown on the Coville Nation on the mighty Columbia River
- Deep red flesh color
- Buttery, mild flavor
- · Great for cedar plank grilling and smoking
- Versatile and easy to prepare

Seasonal Availablity

Good







PacificSeafood.

Clackamas, OR (503) 905-4500 www.pacificseafood.com

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